



Fighting Fit Football

COVID-19 Self Assessment Protocol

29th March 2021

Before attending any FFFC session at Watford FC Training ground all participants must, without exception, complete the online COVID-19 self-assessment found at:

<http://facilities-access-academy.w4tf0rdfc.soccersystempro.com/>.

Provided you meet the conditions of the checklist you will receive a green "cleared" pass-card which you should store on your mobile device. This must be shown to security upon arrival at the entrance to the Training Ground.

This is only valid on the day it is created and must be renewed for each event. Entry will not be permitted until this has been shown.

No-one should leave their home to participate in football if they cannot meet any of the conditions in the self assessment form. As a reminder, the main reasons for not attending training are if you, or someone in you household, has:

- A high temperature (above 37.8C).
- A new continuous cough.
- Shortness of breath.
- A sore throat.
- Loss of or a change of normal sense of taste and smell.
- Feeling generally unwell.
- Persistent tiredness.
- Tested positive for COVID-19 in the last 10 days.
- Has recently had a test for COVID-19 & are awaiting the results, or believe they need one.
- Has returned from a country not on the UK travel corridor list in the last 10 days.
- Been asked to self-isolate by the NHS Test and Trace service.

You should inform the club without delay if any of the above applies to you. You will be asked to self isolate and not attend the training ground for up to 14 days. Further guidance about this and when it is safe to return to training can be found [here](#).